

MRT 170					
Foods					Chemicals
Almond	Celery	Grape	Olive	Shrimp	Acetaminophen
Amaranth	Chard	Grapefruit	Onion	Sole	Aspartame
American cheese	Cheddar cheese	Green bean	Orange	Soybean	Benzoic acid
Apple	Cherry	Green pea	Oregano	Spelt	Caffeine
Apricot	Chicken	Green pepper	Papaya	Spinach	Candida albicans
Asparagus	Cinnamon	Halibut	Paprika	Strawberry	Capsaicin
Avocado	Clam	Hazelnut	Parsley	Sunflower seed	FD&C Blue #1
Banana	Cocoa	Honey	Peach	Sweet potato	FD&C Blue #2
Barley	Coconut	Honeydew	Peanut	Tapioca	FD&C Green #3
Basil	Codfish	Hops	Pear	Tea	FD&C Red #3
Beef	Coffee	Kale	Pecan	Tilapia	FD&C Red #4
Beet	Coriander seed	Kamut	Pineapple	Tomato	FD&C Red #40
Black pepper	Corn	Lamb	Pinto bean	Tuna	FD&C Yellow #5
Blueberry	Cottage cheese	Leek	Pistachio	Turkey	FD&C Yellow #6
Bok choy	Cow's milk	Lemon	Plum	Turmeric	Fructose (HFCS)
Broccoli	Crab	Lentil	Pork	Vanilla	Ibuprofen
Brussels sprouts	Cranberry	Lettuce	Pumpkin (flesh)	Venison	Lecithin (soy)
Buckwheat	Cucumber	Lima bean	Quinoa	Walnut	MSG
Butternut squash	Cumin	Lime	Rainbow trout	Watermelon	Phenylethylamine
Cabbage	Date	Mango	Raspberry	Wheat	Polysorbate 80
Cane sugar	Dill	Maple syrup	Red kidney bean	White potato	Potassium nitrate
Cantaloupe	Egg white	Millet	Rice	Yeast-bakers/brewers	Potassium nitrite
Cardamom	Egg yolk	Mint	Rooibos tea	Yogurt	Saccharin
Carob	Eggplant	Mung bean	Rosemary	Whey	Salicylic acid
Carrot	Flax seed	Mushroom	Rye	Zucchini	Sodium metabisulfite
Cashew	Garbanzo bean	Mustard (seed)	Salmon		Sodium sulfite
Catfish	Garlic	Navy bean	Scallion		Solanine
Cauliflower	Ginger	Nutmeg	Scallop		Sorbic acid
Cayenne pepper	Goat's milk	Oat	Sesame seed		Tyramine